

<div> <div>Personal Weekend Camping Gear</div> <div>Here is the complete list of what the Troop suggests that Scouts bring on weekend outdoor activities.</div> </div>				
X	Scout Outdoor Essentials (Place in daypack)		X	Load Bearing Gear
		Day pack		Backpack - internal or external frame. Sized to fit you. MUST have hip belt.
	Hydration:	Water bottle, 1 liter x 2		Rain cover for backpack
		Water purification supplies (filter or tablets)	X	Sleeping Gear
	Shelter:	Space blanket		Sleeping bag and stuff sack
		2 - 55 gallon trash bags (Yellow or Orange are best)		Sleeping pad
		Rain gear, gaiters		Ground cloth
		Sun protection – SPF 30		Pillow, small
	Communication:	Flashlight, AA size w/4 extra batteries	X	Eating Gear (in gallon zip lock bag)
		Matches and fire starters		Spoon, fork
		Whistle w/lanyard		Plate, plastic
		Signal Mirror		Bowl, plastic
	Other:	Watch (on wrist)		Cup, w/handle
		Map and compass	X	Hygiene Gear (in quart zip lock bag)
		Pocket knife (In pocket. Totin' Chip REQUIRED)		Body wash shampoo
		First Aid Kit *		Toothbrush, small toothpaste, floss
		Toilet paper, 1/2 roll (remove inner tube, IN ZIPLOCK BAG)		Comb
		50' 550 para cord		Razor, disposable x2
X	Clothing for the season			Washcloth (in quart zip lock bag)
	Warm weather - Above 50°F			Towel (in 2 gallon zip lock bag)
	Shirts:	Scout shirt x 1		Toilet paper, 1/2 roll, (remove inner tube, IN ZIPLOCK BAG)
		T3 T-shirt x 2		
	Pants:	Hiking shorts x 2	X	Extra Gear
		Long pants x 1		Camera and film
		Belt w/buckle		Small Notebook & Pencil
	Underclothes:	Socks (Camping 2 pr, Hiking 4 pr + 1 more pr)		Sunglasses
		Underwear (Camping 2 pr, Hiking 3 pr + 1 more pr)		Gloves, Work
	Shoes:	Hiking boots or sturdy shoes		Camp Chair w/o footrest
	Head:	Hat w/brim (T3 cap)	X	PERSONAL FIRST AID KIT (in quart zip lock bag)
		Bandana x 1		Wound Care:
	Outer wear:	Light jacket*		6 Adhesive bandages
	Other:	Swimsuit and towel (in 2 gallon zip lock bag)		2 Sterile gauze pads, 3 by 3 inch
X	Cold weather - Below 50°F			2 Kotex pads (wound packing)
	Shirts:	Scout shirt		2 Tampons (puncture wounds)
	Pants:	Long pants* x 2		1 piece moleskin, 3 by 6 inch
		Wind pants x 1		1 small tube of T.A.O.
		Belt w/buckle		Adhesives:
				2 - 6" strips duct tape (place on outside of bag)
	Underclothes:	Long underwear* x 2		Cleansing:
		Socks (Camping 3 pr, Hiking 5 pr + 1 more pr)		1 small bar of soap (or small bottle of body wash)
		Underwear (Camping 2 pr, Hiking 3 pr + 1 more pr)		Sharps:
	Shoes:	Hiking boots or snow boots		3 Sewing machine needles
		Camp shoes		1 pair small SHARP scissors
	Head:	Hat w/brim (T3 cap)		1 single edge razor blade
		Warm hat*		Protection:
	Outer wear:	Insulated parka or coat with hood		1 pair Latex gloves
		Sweater or fleece jacket*		Mouth barrier device for CPR
	Other:	Mitten or gloves*		Other:
				Plastic goggles for eye protection
				Pencil and paper
				Clear fingernail polish (bug & chigger bites, small scrapes)
* items should be made of wool or a warm synthetic fabric				Razor, disposable x2